

The background is a dark blue gradient with faint technical graphics. On the right side, there are several circular gauges or dials with numerical scales (e.g., 100, 110, 120, 130, 140, 150, 160, 170, 180, 190, 200, 210) and arrows. There are also some dashed lines and smaller circular elements scattered across the background.

REINVENTING YOURSELF - Adding Feet To Your Faith

Isaiah 58:6-12

DEFINITION

▶ REINVENT

Change (something) so much that it appears to be entirely new. Take up a very different job or way of life.

"invent again or anew," Especially "devise or create anew without knowledge of a previous invention;"

WORKING DEFINITION

▶ **REINVENT**

"Reinventing yourself is the process of deliberately changing aspects of your life, identity, habits, or mindset to achieve personal growth, adapt to new circumstances, or pursue new goals. It involves self-reflection, embracing change, learning new skills, and sometimes redefining your values or roles in life to align with a desired future version of yourself."

THINGS THAT HINDER US FROM REINVENTING OURSELVES

- ▶ **False Belief System Regarding Who We Are/Not Seeing Ourselves Like God Sees Us**
- ▶ **Pride** – Overthinking of yourself and compensating for internal deficiencies (Romans 12.3)
- ▶ **Fear** – The core assumption underlying the fear of failure The core belief that one must be thoroughly competent, adequate, and achieving
 - ❖ **Failure -**
 - ❖ **Success (Imposter Syndrome/Jonah Complex)**

THINGS THAT HINDER US FROM REINVENTING OURSELVES (CONT'D)

Jonah Complex

This fear prevents self-actualization or the realization one's own potential. It is the fear of one's greatness, talents, potential. Fear of the pressure and attention that the talents would bring.

Imposter Syndrome

The persistent inability to believe that one's success is deserved or has been legitimately achieved as a result of one's own efforts or skills

- ▶ **Unwillingness to Remain Teachable**

HOW TO REINVENT YOURSELF: 9 SIMPLE STEPS*

1. **Reflect On What You Want To Change – What isn't Working?**
2. **Envision Your Ideal Self – How do you want to look?**
3. **Set Clear, Achievable Goals – Name your “FIG”**
4. **Educate Yourself and Acquire New Skills -**
5. **Build A Support Network -**
6. **Implement Changes Gradually – You Can, but I Jumped.**
7. **Evaluate and Adjust Your Approach – I jump in on my passion)**
8. **Embrace Setbacks As Learning Opportunities -**
9. **Celebrate Your Progress -**

*(Centre of Excellence)

SCRIPTURE REFERENCE

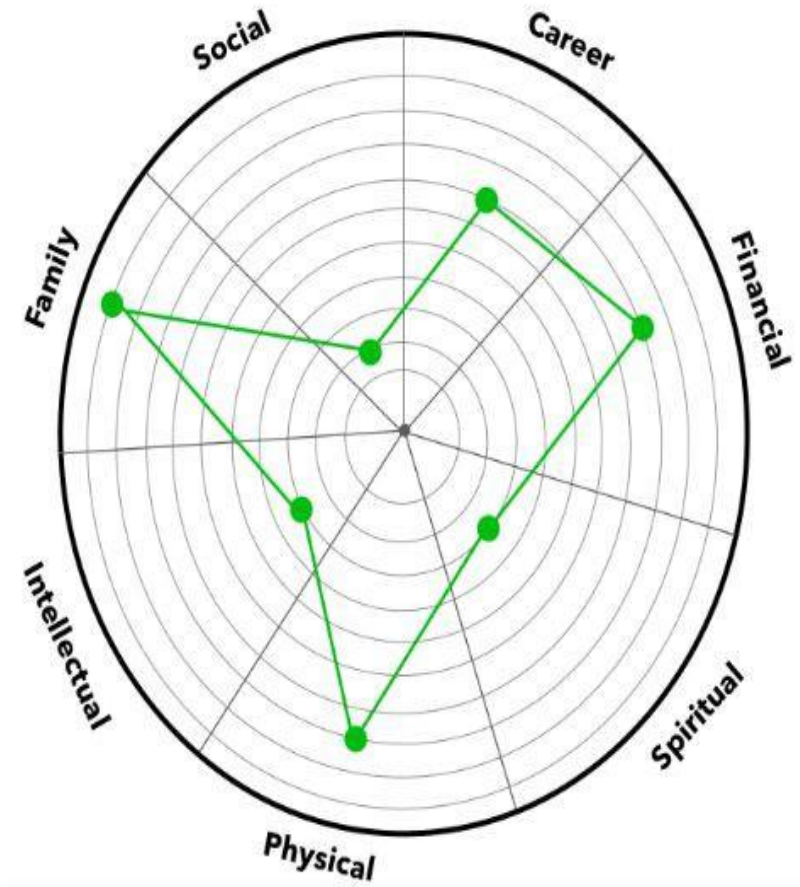
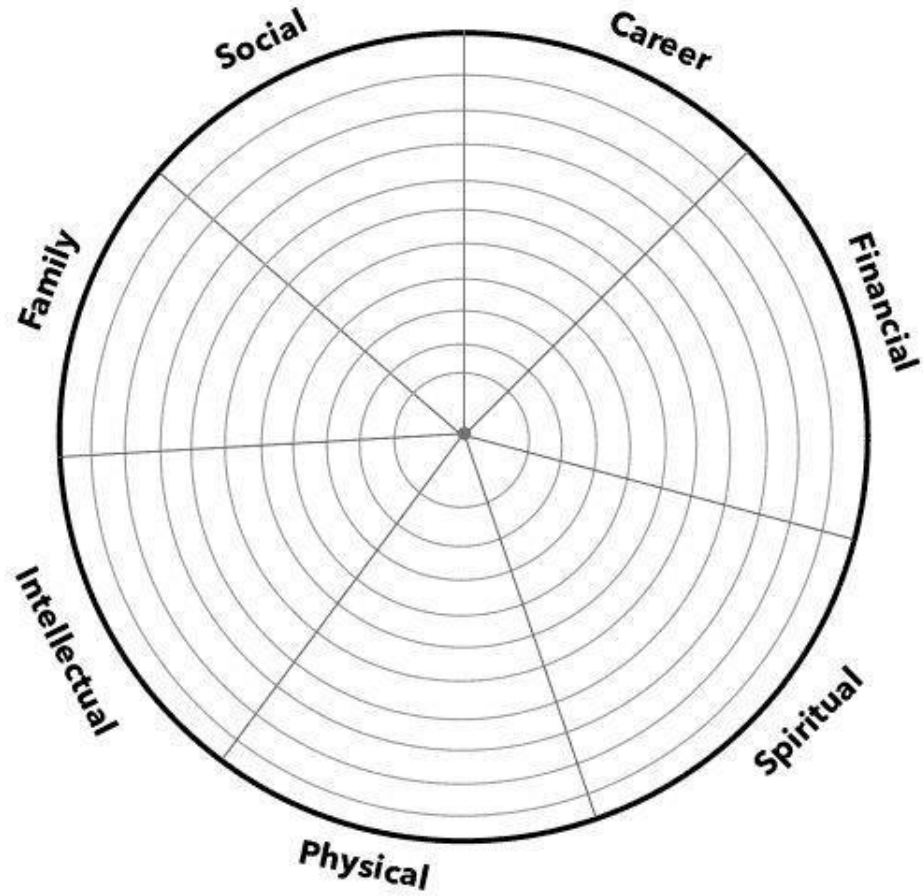
Isaiah 58:6-12 The Message (MSG)

Verse 11-12 I'll give you a full life in the emptiest of places—firm muscles, strong bones. You'll be like a well-watered garden, a gurgling spring that never runs dry. You'll use the old rubble of past lives to build anew, rebuild the foundations from out of your past. You'll be known as those who can fix anything, restore old ruins, rebuild and renovate, make the community livable again.

FOOD FOR THOUGHT:

- ❖ Until The Pain Of Staying The Same Becomes Greater Than The Pain To Change, You Won't!
- ❖ Insanity is doing the same thing over and over again, but expecting different results

WHEEL OF LIFE



CATEGORIES

Spiritual - 2 Timothy 3:16, Matthew 5:6,
Colossians 2:6-7, Joshua 1:8

Physical - 3 John 1:2, I Timothy 4:8, Galatians
5:23, I Corinthians 3:16-17

Family - Deuteronomy 6:6-7, Proverbs 22:6,
Ephesians 6:4, Colossians 3:20, Ephesians 6:2-3

Social - Ephesians 4:1-3

CATEGORIES

Intellectual - Proverbs 12:1, Mark 4:25

Career - Colossians 3:23, Proverbs 16:3,
Proverbs 14:23, Ecclesiastes 9:10, Ephesians
4:28

Financial - Proverbs 3:9-10, Deuteronomy
8:18, Proverbs 13:11, Proverbs 21:20, Proverbs
21:5

SCRIPTURE REFERENCE

2 Corinthians 13:5-9 The Message (MSG)

5-9 Test yourselves to make sure you are solid in the faith. Don't drift along taking everything for granted. Give yourselves regular checkups. You need first hand evidence, not mere hearsay, that Jesus Christ is in you. Test it out. If you fail the test, do something about it. I hope the test won't show that we have failed. But if it comes to that, we'd rather the test showed our failure than yours. We're rooting for the truth to win out in you. We couldn't possibly do otherwise. We don't just put up with our limitations; we celebrate them, and then go on to celebrate every strength, every triumph of the truth in you. We pray hard that it will all come together in your lives.

RESOURCES FOR EACH CATEGORY - PLEASE PRAY
and Ask Holy Spirit, Do Your Own Due Diligence,
and Seek a Professional As Needed

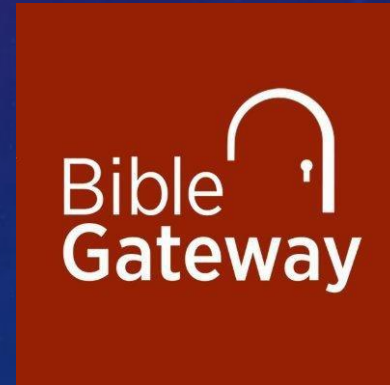
Spiritual

TheProphetCenter.com



BibleGateway.com

BlueLetterBible.org



RESOURCES FOR EACH CATEGORY - PLEASE PRAY
AND ASK HOLY SPIRIT, DO YOUR OWN DUE
DILIGENCE, AND SEEK A PROFESSIONAL AS
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Physical

My Fitness Pal
Fooducate
Plant Nanny
Healthgrades.com
PsychologyToday.com

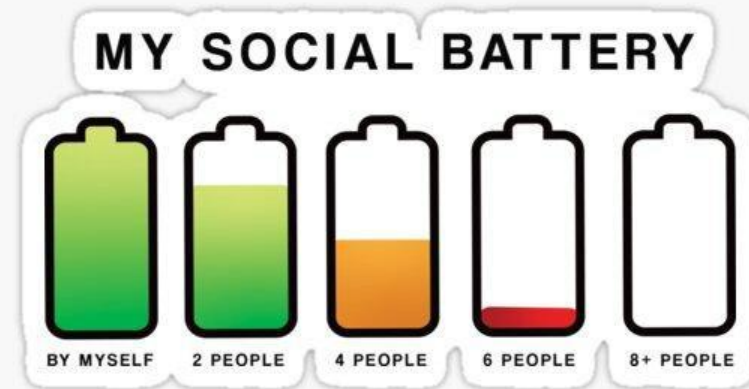


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Family & Social

[Vertex42.com](https://www.vertex42.com) - Kindness
Calendar

[PsychologyToday.com](https://www.psychologytoday.com) -
Introversion/Extroversion
Test



RESOURCES FOR EACH CATEGORY - PLEASE PRAY AND ASK HOLY SPIRIT, DO YOUR OWN DUE DILIGENCE, AND SEEK A PROFESSIONAL AS NEEDED

- Intellectual
- Career Interest Quiz - CareerBridge.wa.gov Scholarships - FastWeb.com
- USMD.EDU
 - ❀ Golden ID Program 60 Years Young
 - Not Work Full-time (20 Hours Max) Undergraduate/Graduate Classes at Little to No Cost
 - ❀ **Additional Lifelong Learning Including SAGE (Seasoned Adults Growing Educationally)60 Years Young**
 - **\$40 Per Class Registration Fee (Lab Computer & Supply Fees Extra**

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Career

Maryland Workforce Exchange
MWEJobs.Maryland.Gov

Prince George's County American Job Centers
National Harbor
<https://www.dllr.state.md.us/county/pg/>

Occupational Outlook Handbook - BLS.gov

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Financial

Vertex42.com - Financial Calculators

- ★ Mortgage
- ★ Debt Payoff
- ★ Savings & Retirement
- ★ Amortization
- ★ Budget, and More

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CONCLUSION