REINVENTING YOURSELF -Adding Feet To Your Faith Isaiah 58:6-12

DEFINITION

► REINVENT

Change (something) so much that it appears to be entirely new. Take up a very different job or way of life.

"invent again or anew," Especially "devise or create anew without knowledge of a previous invention;"

THINGS THAT HINDER US FROM REINVENTING OURSELVES

- False Belief System Regarding Who We Are/Not Seeing Ourselves Like God Sees Us
- Pride

- Fear
 - Failure
 - Success (Imposter Syndrome/Jonah Complex)

THINGS THAT HINDER US FROM REINVENTING OURSELVES (Cont'd)

Jonah Complex

This fear prevents self-actualization or the realization one's own potential. It is the fear of one's greatness, talents, potential. Fear of the pressure and attention that the talents would bring.

Imposter Syndrome

The persistent inability to believe that one's success is deserved or has been legitimately achieved as a result of one's own efforts or skills

Unwillingness to Remain Teachable

How To Reinvent Yourself: 9 Simple Steps*

- 1. Reflect On What You Want To Change
- 2. Envision Your Ideal Self
- 3. Set Clear, Achievable Goals
- 4. Educate Yourself and Acquire New Skills
- 5. Build A Support Network
- 6. Implement Changes Gradually
- 7. Evaluate and Adjust Your Approach
- 8. Embrace Setbacks As Learning Opportunities
- 9. Celebrate Your Progress

Scripture Reference

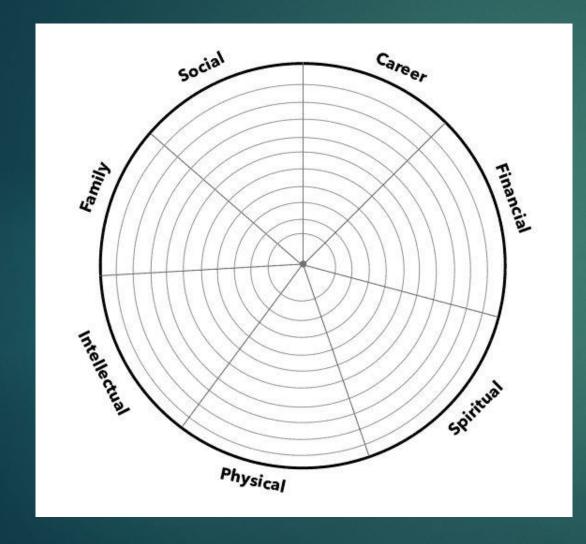
Isaiah 58:6-12 The Message (MSG)

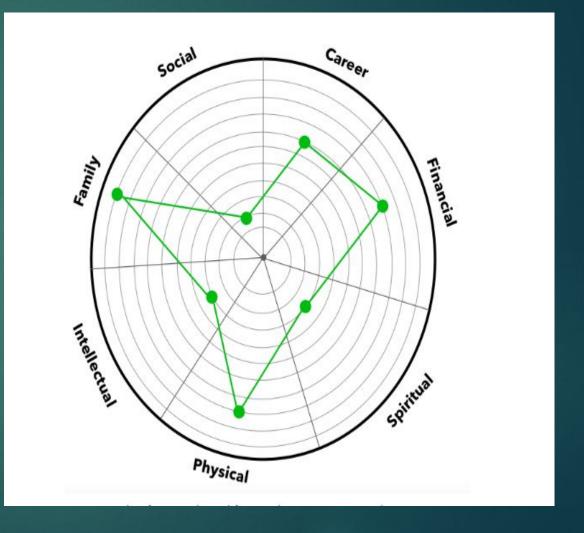
Verse 11-12 I'll give you a full life in the emptiest of places—firm muscles, strong bones. You'll be like a well-watered garden, a gurgling spring that never runs dry. You'll use the old rubble of past lives to build anew, rebuild the foundations from out of your past. You'll be known as those who can fix anything, restore old ruins, rebuild and renovate, make the community livable again.

Food For Thought:

- Until The Pain Of Staying The Same Becomes Greater Than The Pain To Change, You Won't!
- Insanity is doing the same thing over and over again, but expecting different results

WHEEL OF LIFE





CATEGORIES

Spiritual -2 Timothy 3:16, Matthew 5:6, Colossians 2:6-7, Joshua 1:8

Physical - 3 John 1:2, J Timothy 4:8, Galatians 5:23, I Corinthians 3:16-17

Eamily - Deuteronomy 6:6-7, Proverbs 22:6, Ephesians 6:4, Colossians 3:20, Ephesians 6:2-3

Social - Ephesians 4:1-3

CATEGORIES

Intellectual - Proverbs 12:1, Mark 4:25

Career - Colossians 3:23, Proverbs 16:3, Proverbs 14:23, Ecclesiastes 9:10, Ephesians 4:28

Financial - Proverbs 3:9-10, Deuteronomy 8:18, Proverbs 13:11, Proverbs 21:20, Proverbs 21:5

Scripture Reference

2 Corinthians 13:5-9 The Message (MSG)

5-9 Test yourselves to make sure you are solid in the faith. Don't drift along taking everything for granted. Give yourselves regular checkups. You need first hand evidence, not mere hearsay, that Jesus Christ is in you. Test it out. If you fail the test, do something about it. I hope the test won't show that we have failed. But if it comes to that, we'd rather the test showed our failure than yours. We're rooting for the truth to win out in you. We couldn't possibly do otherwise. We don't just put up with our limitations; we celebrate them, and then go on to celebrate every strength, every triumph of the truth in you. We pray hard that it will all come together in your lives.

<u>Spiritual</u>

TheProphetCenter.com



BibleGateway.com

BlueLetterBible.org





Physical

My Fitness Pal
Fooducate
Plant Nanny
Healthgrades.com
PsychologyToday.com











Family & Social

Vertex42.com - Kindness Calendar

PsychologyToday.com - Introversion/Extroversion Test



Intellectual

Career Interest Quiz - CareerBridge.wa.gov Scholarships - FastWeb.com USMD.EDU

♣ Golden ID Program

60 Years Young

Not Work Full-time (20 Hours Max)

Undergraduate/Graduate Classes at Little to No Cost

Additional Lifelong Learning Including SAGE (Seasoned Adults Growing Educationally)60 Years Young

\$40 Per Class Registration Fee (Lab Computer & Supply Fees Extra

Career

Maryland Workforce Exchange MWEJobs.Maryland.Gov

Prince George's County American Job Centers National Harbor https://www.dllr.state.md.us/county/pg/

Occupational Outlook Handbook - BLS.gov

Financial Vertex42.com - Financial Calculators

- ★ Mortgage
- ★ Debt Payoff
- ★ Savings & Retirement
- **★** Amortization
- ★ Budget, and More

REINVENTING YOURSELF Adding Feet To Your Faith CONCLUSION